










# Personal Protective Equipment (PPE) Requirement

# COVID-19

**BASIC HYGIENE MEASURES FOR EVERYONE INCLUDE:** Physical Distancing, Good Hand Hygiene, Cough Etiquette, Regular Cleaning and Disinfection, Avoid touching Face, Eyes, Nose and Mouth.

RISK LEVEL	AREAS	REQUIRED PPEs
 <p><b>LOW</b></p>	 <p><b>NON-PATIENT CARE AREAS</b> (Offices)</p>	 <p>HAND HYGIENE + MEDICAL MASK</p>
 <p><b>MODERATE</b></p>	 <p><b>IN AND OUT-PATIENT CARE AREAS</b> (Triage, Main ER, Diagnostic Areas, Non-Covid Units, OPD / Clinics)</p>	 <p>HAND HYGIENE + MEDICAL MASK + EYE PROTECTION / FACE SHIELD + GOWN &amp; GLOVES</p> <p><b>NOTE:</b> Change Medical Mask to Respirator Mask (N95) for aerosol generating procedures ONLY.</p> <p>+ Gown and Gloves ONLY if with potential body fluids and secretions exposure.</p>
 <p><b>HIGH</b></p>	<p><b>PATIENT CARE AREAS</b> catering either <b>Suspect, Probable</b> or <b>Confirmed COVID-19 patients</b> (COVID UNITS and COVID ER)</p>	 <p>HAND HYGIENE +</p> <ul style="list-style-type: none"> <li>COVERALLS • EYE PROTECTION</li> <li>RESPIRATOR MASK (N95) • Clean GLOVES</li> </ul> <p>+</p> <ul style="list-style-type: none"> <li>GOWN • 2nd Layer GLOVES</li> <li>If going inside the patient's room</li> </ul> <p>+</p> <ul style="list-style-type: none"> <li>FACE SHIELD • APRON</li> <li>For splash generating procedures ONLY (Suctioning, Intubation)</li> </ul>
	<p><b>Areas performing INVASIVE PROCEDURES</b> (OR and CV LAB)</p>	 <p>HAND HYGIENE +</p> <ul style="list-style-type: none"> <li>CAP • EYE PROTECTION / FACE SHIELD</li> <li>RESPIRATOR MASK (N95) or PAPR • SHOE COVER</li> </ul> <p>+</p> <ul style="list-style-type: none"> <li>Sterile GOWN • Sterile GLOVES</li> </ul>

**NOTE:** \* Wear Medical mask within the premises of Philippine Heart Center.  
 \* Other PPEs aside from the medical mask should NOT be worn when roaming around PHC premises except during transfer of COVID-19 patients.  
 \* Strictly follow the PHC Standard Donning and Doffing Procedure.